

## Activity Café

Social learning

Can provide you with new interests have a coffee or light lunch and try out some crafts. Bring along your own projects too. Up-cycling, writing, woodwork, painting, sewing, & much, much more!

Contact Jayne Napier  
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How to Make  
an Herb Garden  
From A  
Pallet



The  
Start

**LEARN &  
SHARE  
CREATIVE  
SKILLS &  
New  
experiences**

- Every 2nd and 3rd FRIDAY
- KINGSKERSWELL PUBLIC HALL next to The Sloop
- 10.30— 1 PM
- **KEEP ACTIVE MIND & BODY**

ACTIVITY CAFÉ for any age and gender on the 12 Bus route a not for profit Organisation. £4 covers a session and refreshments contact [askasister@googlemail.com](mailto:askasister@googlemail.com)

Starts November 17th Displaying 'our talents' free session.

8th December **Christmas tales.**

15th December **Food tasting fun competitions.**

Your ideas welcome. Become a Volunteer perhaps?